

Minnesota North Volleyball Camp 2019

with

Christyn May & Kate Sterns

Positional Camp (open to girls and boys)

WHEN: June 17, 18, 19
TIME: 9-12:30pm
LOCATION: DISC 4402 Rice Lake Rd, Duluth, MN 55811 Check-in at 8:15am on June 17th
WHAT: Campers will get instruction and exposure to all the skills of volleyball. Team training as well as specific individual training in the following areas: Setting, Attacking, Blocking, Ball Control, Defense, Serving
WHO: Grades 7-12 (2019-2020 school year)
COST: \$120 for 2019-2020 Season USAV Participants in 2019 (must bring USAV registration number)
\$130 for non USAV Participants

Youth Camp (open to girls and boys)

WHEN: June 17, 18, 19
TIME: 1:30-3:30pm
LOCATION: DISC 4402 Rice Lake Rd, Duluth, MN 55811 Check-in at 12:45pm on June 17th
WHAT: Introductory camp focusing on all the skills in a fun environment!
WHO: Grades 5-6th (2019-2020 school year)
COST: \$60 for 2019-2020 Season USAV Participants in 2019 (must bring USAV registration number)
\$70 for non USAV Participants

Little Spiker Camp (open to girls and boys)

WHEN: June 17, 18, 19
TIME: 1:30-2:30pm
LOCATION: DISC 4402 Rice Lake Rd, Duluth, MN 55811 Check-in at 12:45pm on June 17th
WHAT: Introductory camp for the first timer volleyball player. Focus on volleyball knowledge, skills and games!
WHO: Grades K-4 (2019-2020 school year)
COST: \$30



Pre-Register before June 10th, 2019 by email to:

Christyn May
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218.310.9560

*****Registration is limited to first 60 campers*****