



# Summer Volleyball Skills Lessons

## Lesson Types

### Small Group Lessons

Max of 5 Athletes  
1.5 Hours of instruction  
Position/Skill Based  
Weekly Offerings

**\$25**

### Private Lesson Blocks

Max of 1-2 Athletes  
Hourly rates  
Based on athlete request  
Daily offerings

**\$45**

### Small Group Lessons

- Middle Hitting
- Outside Hitting
- Right Side Hitting
  - Defense
  - Serve Receive
  - Setting

Weekly offerings for the  
above with a variety of  
instructors and times  
available



Visit our website or call  
for schedules and details

218-722-0810  
[www.discmn.com](http://www.discmn.com)