

July Schedule

Small Group Lessons

Lessons Instructor Guide	
Coached By Nikoli Wiens	Highlighted Blue

Week of July 12th

<u>Monday July 12th</u>		<u>Friday July 16th</u>
		9:30-11:00AM - Defense/Serve Receive
11:00AM-12:30PM - Middle Hitting		11:00AM-12:30PM - Outside Hitting

Week of July 19th

<u>Monday July 19th</u>		<u>Friday July 23rd</u>
9:30-11:00AM - Setting		9:30-11:00AM - Defense/Serve Receive
11:00AM-12:30PM - Right Side Hitting		11:00AM-12:30PM - Outside Hitting

Week of July 26th

<u>Monday July 26th</u>		<u>Friday July 30th</u>
9:30-11:00AM - Setting		9:30-11:00AM - Defense/Serve Receive
11:00AM-12:30PM - Middle Hitting		11:00AM-12:30PM - Outside Hitting